

KIDS' BELT TEST REQUIREMENTS

Little Dragons' Yellow Belt (Ages 4-6)

1. FORM: Kids Yellow Belt Form (First half of “Taegeuk Il Jang”)
2. BASIC STANCES & HAND TECHNIQUES:
 - A) Stances:
 1. Fighting Stance
 2. Walking Stance
3. KICKS: Fighting Stance
 - A) Roundhouse Kick
 - B) Axe Kick
 - C) Outside Crescent Kick
 - D) Inside Crescent Kick
4. QUESTIONS:
 - A) Meaning of all the Taekwondo Tenets:
 1. Courtesy – To be nice to others
 2. Integrity – Do not lie
 3. Perseverance – Do not give up
 4. Indomitable Spirit – Do not get sad when things don't go your way
 5. Self Control – Behave yourself in class, at home and in school
 - B) Count 6-10 (in Korean)
 - Six – “Yosot”
 - Seven – “Il Gob”
 - Eight – “Yo Dul”
 - Nine – “Ahop”
 - Ten – “Yul”