

BELT TEST REQUIREMENTS

Brown Belt

1. FORMS: “Chongi Hyong,” “Tangoon Hyong,” “Dosan Hyong” & all 8 Taegeuks
2. IL BO GYORUGY (1 STEP SPARRING):
Create your own – Strikes, Kicks & Throws – Minimum 20 examples
3. KICKS:
Demonstration of all Taekwondo kicks by their Korean names
4. ENDURANCE TEST:
3 Minutes – Nonstop kicking of paddles (Master’s Choice)
5. ANJA GYORUGY (KNEE SPARRING) 1-8:
6. JAIU GYORUGY (FREE SPARRING):
Against both 1 & 2 opponents
7. KYOPA (BOARD BREAKING):
All kicks & combinations of kicks
8. ALL PREVIOUS BELT TEST REQUIREMENTS (WHITE - HIGH RED)
9. QUESTIONS: All information given on the white – brown question sheets

Brown Belt Questions

1. What is the meaning of the Brown Belt?
The brown belt represents Earth – Your Taekwondo skills should be solid, like the mountains.
2. What is the History of Taekwondo?
For the answer to this question, refer to the manual page entitled “History of Taekwondo”.
3. State the meanings of each of the 8 Taegeuk poomses?
 1. Taegeuk Il Jang “Keon” Heaven & Light
 2. Taegeuk Yi Jang “Tae” Joy
 3. Taegeuk Sam Jang “Ri” Fire & Clarity
 4. Taegeuk Sa Jang “Jin” Thunder
 5. Taegeuk Oh Jang “Seon” Wind
 6. Taegeuk Yook Jang “Gam” Water
 7. Taegeuk Chil Jang “Gan” Mountain
 8. Taegeuk Pal Jang “Gon” Earth
4. Identify the importance of Taegeuk Poomse in Taekwondo tradition?
For the answer to this question, refer to the manual page entitled “Poomse of Taekwondo”.