

LITTLE DRAGONS (AGES 4-6)**PURPLE BELT***(Testing Purple to Blue)***Physical Requirements:**

- 1) KICKS
 - A) Jumping back kick
 - B) Jumping spinning hook kick
 - C) All previous kicks

- 2) HAND TECHNIQUES
 - A) Single middle knife hand block
 - B) Knife hand neck strike
 - C) All previous hand techniques

- 3) STANCES
 - A) Back stance
 - B) All previous stances

- 4) FORM
 - A) Taegeuk Sam Jang

Mental Requirements:

- 1) HOME RULES
 - Be respectful to your parents, brothers, sisters, and pets
 - Keep your room clean
 - Put toys away after playing with them
 - Work hard in school

- 2) MEANING OF THE WHITE THROUGH PURPLE BELTS
 - White – Purity, no knowledge of Taekwondo
 - Yellow – Sunrise, opening to receive knowledge
 - Orange – Sunset, promise of more opportunities tomorrow
 - Green – Plants, growth
 - Purple – Power, the royal color of majesty