



J.W. Kim Taekwondo:
Leaders in life skills and personal achievement

Dear J.W. Kim Students,

Below you will find links to videos of several of our forms. All videos are on YouTube so you should be able to view them anywhere. If the links do not work, copy them and paste them into your browser.

While these videos are all high quality, they should be taken as good guides to the patterns. Taekwondo is an ever evolving art and techniques and patterns do occasionally change. These videos are great references for you, but please confirm with your instructor how to perform each pattern.

WTF

Form #	Name	Current Rank	YouTube Link
9	Koryo	1st Degree	http://www.youtube.com/watch?v=NH2wQsAUVWY
10	Keumgang	2nd Degree	http://www.youtube.com/watch?v=1NrBRzKiJvQ
11	Taebek	2nd Degree	http://www.youtube.com/watch?v=7C_0XSERS38
12	Pyongwon	3rd Degree	http://www.youtube.com/watch?v=VOCTD2PV4ms
13	Sip Jin	4th Degree	http://www.youtube.com/watch?v=Rfvfyrv3frc

ITF

Form #	Name	Current Rank	YouTube Link
1	Chonji	Brown	http://www.youtube.com/watch?v=pRbmNys1tKI
2	Dangun	Brown	http://www.youtube.com/watch?v=GoZFgtc9kHQ
3	Dosan	Brown	http://www.youtube.com/watch?v=WqUy-MeFJSjs
4	Wonhyo	High Brown	http://www.youtube.com/watch?v=9ZrZZNWE_QU
5	Yulgok	1st Degree	http://www.youtube.com/watch?v=OhzJLvH24Fs
6	Joongun	1st Degree	http://www.youtube.com/watch?v=0DDBIRO3rbE
7	Toigye	1st Degree	http://www.youtube.com/watch?v=PLFT4Aq8vM0
8	Hwarang	1st Degree	http://www.youtube.com/watch?v=5_7-C9UvDx4
9	Choongmoo	1st Degree	http://www.youtube.com/watch?v=S-5ZXeqhJiE
10	Kwanggae	1st Degree	http://www.youtube.com/watch?v=CJbmdgG4iVk
11	Poemun	2nd Degree	http://www.youtube.com/watch?v=2bwx-s2bU2Q
12	Ge Baek	2nd Degree	http://www.youtube.com/watch?v=FOg87XR9bKE
13	Choong Jang	3rd Degree	http://www.youtube.com/watch?v=3W25EELkbfQ
14	Eui Am	3rd Degree	http://www.youtube.com/watch?v=oSJldpigobl
15	Juche	4th Degree	http://www.youtube.com/watch?v=AvqqWswVP9c
16	Sam Il	4th Degree	http://www.youtube.com/watch?v=7KqbZ6G3-3k